

## ➤ Prepared Salads ➤

Chicken Salad .....	\$10.08 per pint
Tuna Salad .....	\$10.08 per pint
Pimiento Cheese .....	\$10.08 per pint
Egg Salad .....	\$6.15 per pint
Pasta Salad .....	\$6.15 per pint
Macaroni Salad .....	\$6.15 per pint
Marinated Veggies .....	\$6.15 per pint
Broccoli Salad .....	\$6.75 per pint
Waldorf Salad .....	\$6.15 per pint
Potato Salad .....	\$6.15 per pint
Vegetable Spread .....	\$10.08 per pint
Cheese Wafers .....	\$4.00 per dozen

### Strawberry Congealed Salad

8x8 .....	\$14.50
9x13 .....	\$21.25

## ➤ Frozen Casseroles ➤

	(1-2) SMALL	(3-5) MEDIUM	(6-8) MEDIUM
Lasagna	\$10.92	\$27.56	\$39.00
Veggie Lasagna	\$10.92	\$27.56	\$39.00
Baked Spaghetti	\$10.92	\$27.56	\$39.00
Chicken Divan	\$9.50	\$23.50	\$34.75
Chicken Pot Pie	\$9.50	\$23.50	\$34.75
Chicken & Rice	\$9.50	\$23.50	\$34.75
Macaroni & Cheese	\$7.85	\$16.80	\$23.50
Broccoli Casserole	\$7.85	\$16.80	\$23.50

## ➤ Desserts ➤

Must be ordered one day in advance

### Cakes

Cake Squares (min. 2 dozen) .....	\$18/ dozen
Sheet Cake (20-24 servings) .....	\$36
XL Sheet Cake .....	\$60
Cheese Cake 9" .....	\$40
Peter Paul Mound Cake .....	\$36
Italian Cream Cake .....	\$36
Red Velvet Cake .....	\$36
Coconut Cake .....	\$36
Pound Cake .....	\$36
(Vanilla, Chocolate, Apple or Lemon)	
German Chocolate Cake .....	\$40
Strawberry Cake .....	\$36
Peanut Butter Fudge Cake .....	\$36

### Pies

\$17

Chocolate Chip Pecan
Pecan
Lemon Meringue
Chocolate Cream
Buttermilk Coconut
Peanut Butter



### Cookies

\$10.00 per dozen or 95¢ each

Sugar, Chocolate Chip, Peanut Butter, Chocolate Oatmeal,  
White Chocolate Macadamia Nut, Oatmeal Raisin

### Bars & Cupcakes

BARS	CUPCAKES
\$ 2 each	\$ 2.25 - \$ 3 each
\$ 20/ dozen	\$ 25 - \$ 33/ dozen

*lunch is served*  
Monday-Friday 11am-2pm



➤ 864.472.6305 ➤

1344 Asheville Highway  
Inman, SC 29349

Click PDF Menu Items  
To View Online.

Weekly Dish Delivery  
Available Online  
Click here to learn more.

*order online*  
delightfuldishes.com

## ⇒ Sandwiches ⇒

All sandwiches are served with chips & a pickle  
Add \$2.00 to substitute a salad for chips

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- The Heart-N-Soul**..... \$7.00  
Our famous chicken salad with lettuce & tomato on whole wheat
- Heart N-Soul Boats** (low carb option, no chips) ..... \$6.45  
Our famous chicken salad served in three crispy lettuce boats & topped with cherry tomatoes
- Bird in a Blanket**..... \$7.50  
Smoked Turkey with bacon, provolone, tomato, special sauce grilled on a whole wheat wrap
- Humpty Dumpty** ..... \$6.15  
Our own egg salad served on white
- Henny Penny**..... \$7.50  
Mesquite chicken breast, bacon, provolone, lettuce, tomato & honey mustard on a honey wheat roll
- The Farmer's Market** ..... \$6.15  
Fresh veggies, provolone & our homemade dill sauce in a whole wheat wrap
- Delightful Duo**..... \$6.15  
American & provolone grilled on white
- Double D Club** ..... \$7.50  
Ham, turkey, bacon, provolone, lettuce, tomato & our special sauce served on white toast
- Sweet William**..... \$7.00  
Our own pimiento cheese, lettuce & tomato on whole wheat
- The Old Man**..... \$8.10  
Roast Beef, special sauce, caramelized onions, provolone & a balsamic drizzle grilled on white
- The Meltdown**..... \$7.00  
Our own tuna salad & melted provolone on a honey wheat roll
- The Honeymoon**..... \$7.25  
Smoked Ham, our homemade pimiento cheese & honey mustard grilled on sourdough

## ⇒ Tossed Salads ⇒

House Vinaigrette, Ranch, Italian, Blue Cheese, Thousand Island, Oriental Sesame, Raspberry Vinaigrette, Tomato Vinaigrette, Balsamic Vinaigrette, Honey Mustard

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- Seasonal Chicken Salad**..... \$9.95  
A combination of iceberg lettuce and mixed greens topped with our mesquite chicken breast, feta cheese, seasonal fruit, candied pecans and our house vinaigrette dressing
- Cobb Salad**..... \$9.95  
A combination of iceberg lettuce and mixed greens topped with avocado, bacon, cheddar cheese, a boiled egg, cherry tomatoes, a dill pickle and your favorite dressing
- Chef Salad**..... \$9.25  
A combination of iceberg lettuce and mixed greens topped with smoked ham and turkey, cheddar cheese, cucumbers, bell peppers, cherry tomatoes, onions, a dill pickle and your favorite dressing
- Mesquite Chicken Salad**..... \$9.25  
A combination of iceberg lettuce and mixed greens topped with our mesquite chicken breast, cheddar cheese, cucumbers, bell peppers, cherry tomatoes, onions, a dill pickle and your favorite dressing
- Southwestern Salad**..... \$9.95  
A combination of iceberg lettuce and mixed greens, grilled chicken, cheddar cheese, avocado, corn and black bean salsa, tortilla strips and our tomato vinaigrette
- Heart N-Soul Salad** ..... \$9  
A combination of iceberg lettuce and mixed greens, cheddar cheese, cherry tomatoes, bell pepper, onion, cucumber, dill pickle, a scoop of our famous chicken salad and your favorite dressing
- Large Garden Salad**..... \$7.00  
A combination of iceberg lettuce and mixed greens topped with cheddar cheese, cucumbers, bell peppers, cherry tomatoes, onions, a dill pickle and your favorite dressing.
- Side Salad**..... \$3.50  
A combination of iceberg lettuce and mixed greens topped with cheddar cheese and cherry tomatoes

## ⇒ SPECIALS ⇒

\$8.25

- Meat N' Two Veggies** OR **Chicken Pecan Quiche**  
With tossed salad and granola fruit cup

## ⇒ Create your own salad plate ⇒

All salads served on a bed of lettuce

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- CHOOSE 2**..... \$5.30  
**CHOOSE 3**..... \$7.30  
**CHOOSE 4**..... \$9.80
- |                 |                      |
|-----------------|----------------------|
| Chicken Salad   | Strawberry Congealed |
| Tuna Salad      | Marinated Veggies    |
| Pimiento Cheese | Broccoli Salad       |
| Egg Salad       | Waldorf Salad        |
| Pasta Salad     | Potato Salad         |
| Macaroni Salad  |                      |

## ⇒ Soup of the Day ⇒

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- CUP**..... \$3.95  
**PINT**..... \$4.85  
**QUART**..... \$9.70

## ⇒ Stuffed Potato ⇒

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- Stuffed with butter, cheese, sour cream & bacon..... \$4.50

## ⇒ Drinks ⇒

\$1.89

- Sweet Tea, Unsweetened Tea,  
Strawberry Tea, Unsweetened Strawberry Tea

Gallon of Tea \$4.75

## ⇒ Homemade Desserts ⇒

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- CAKE**..... \$2.80 per slice  
**PIE**..... \$2.50 per slice  
**COOKIES**..... 95¢ each  
**BARS**..... \$2.00 each